

Test instructions for **BFP™** Pregnancy Test Strips

Instructions

1. The BFP Pregnancy Test Strip can be performed at any time of the day; however, testing first morning urine is preferable.
2. Urinate into a clean, dry cup or container.
3. Remove the test strip from the pouch.
4. Hold the test strip in a vertical position with the arrows pointing downward.

Dip the test into the urine approximately 1/4 inch and hold it there for at least 5 seconds. Do not dip past the stop line.

5. Remove the test strip and lay it down flat. Wait 10 minutes.

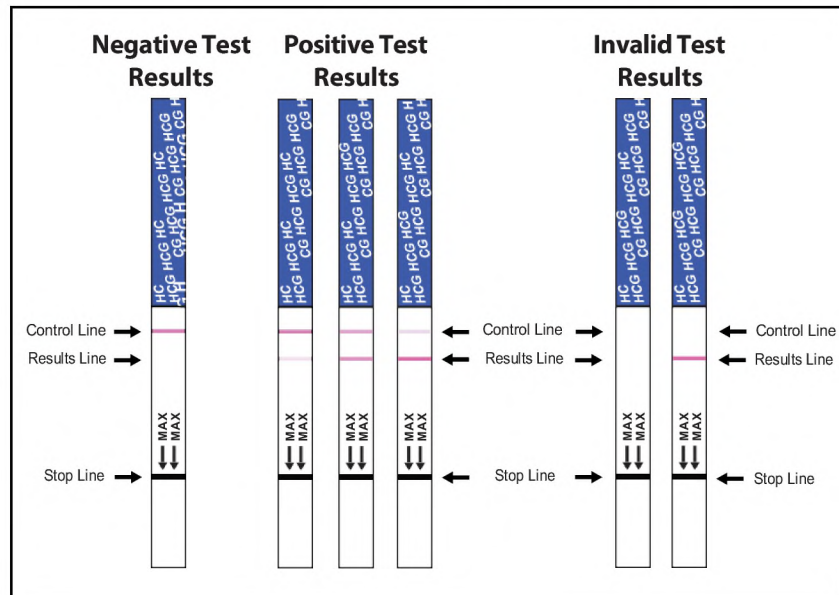
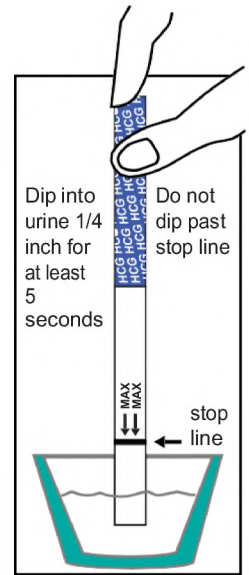
Reading Your Results

While you are waiting for your result, you may notice a colored solution moving across the test strip. This is normal. You need to wait 10 minutes to confirm the result. The test should not be evaluated after 30 minutes. The exact color of the line is not important.

- 1 line = Not Pregnant**
- 2 lines = Pregnant**

If only 1 colored line appears as the control line, the test is negative and you can assume you are not pregnant.

If 2 colored lines appear, 1 as the testing line and 1 as the control line, the test is positive and you can assume you're pregnant. Even if the lines are very light in color, you can still assume you are pregnant.



Invalid Results: If the control line does not appear, the test is invalid. Invalid results may be an indication that the test strip was not thoroughly saturated in urine. In this case, re-dip the test for at least 5 seconds and wait 10 minutes to read results. If there is still no control line, the test is invalid and you should retest the following day. Each test is designed for a single use and should not be reused.



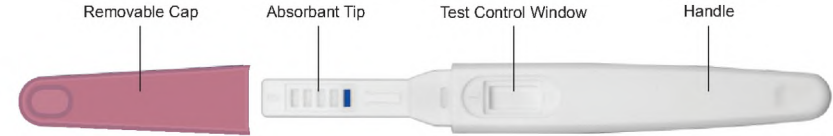
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Test Instructions for BFP™ Pregnancy Tests - Midstream Format

Instructions

1. The BFP Pregnancy Test can be performed at any time of the day. However, first morning urine is preferable.
2. Remove the test from the pouch by tearing from the notch. Remove the cap.
3. Hold the test by the thumb grip. Place the absorbent tip of the test in your urine stream until it is thoroughly wet (at least 5 seconds). If you prefer, you can urinate into a clean, dry cup or container and perform the test by dipping the absorbent tip of the test into the urine for at least 5 seconds.
4. Lay the stick down flat with the results window facing up. Wait 10 minutes. If you wish, you can replace the cap to cover the absorbent tip.



Reading Your Results

While you are waiting for your result, you may notice a colored solution moving across the window. This is normal. You need to wait 10 minutes to confirm the result. The test should not be evaluated after 30 minutes.

1 line = Not Pregnant

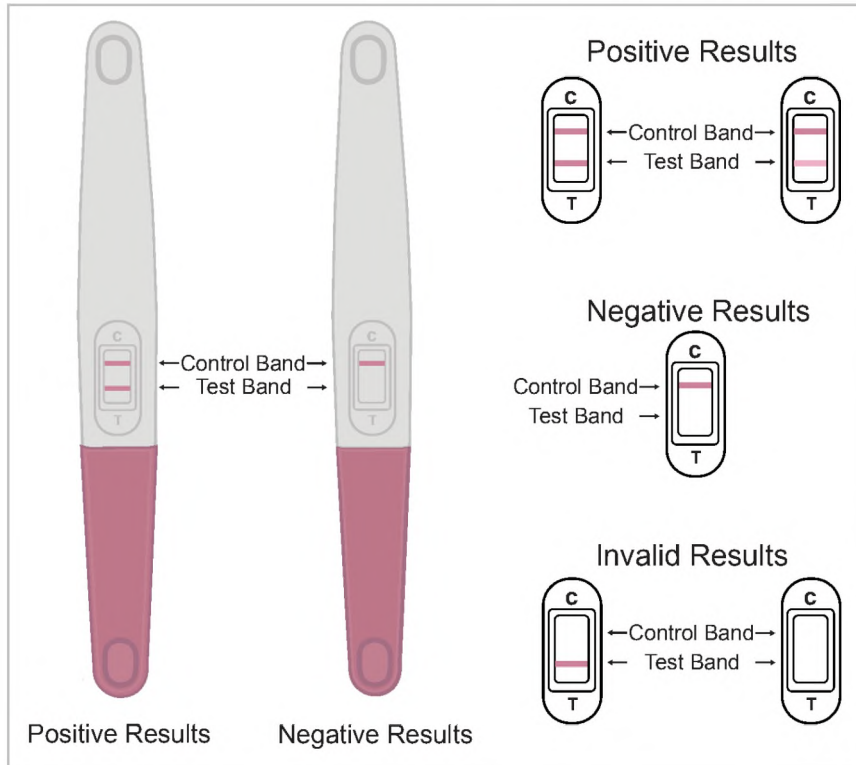
If only 1 pink line appears in the test control window, the test is negative and you can assume you are not pregnant.

2 Lines = Pregnant

If 2 pink lines appear, 1 in the test region (T) and 1 in the control region (C), the test is positive and you can assume you are pregnant. Even if the lines are very light in color, you can still assume you are pregnant.

Invalid results

If a pink line does not appear in the test control window, the test is invalid. Invalid results may be an indication that the absorbent tip was not thoroughly saturated in urine. In this case, either urinate on the absorbent tip for additional time or re-dip the absorbent tip for at least 5 seconds and wait 10 minutes to read results. If there is still no pink line in the test control window, the test is invalid and testing should be repeated the following day with a new BFP Pregnancy Test. Follow the instructions exactly, making sure the absorbent tip is thoroughly saturated with urine. Each test is designed for a single use and should not be reused.



What the Results Mean

A positive result (two lines) indicates that your urine contains hCG (the pregnancy hormone) and you can assume you are pregnant. You should consult your doctor who is best able to further advise you on proper prenatal care. If you are taking medication, call your physician immediately to ensure it's safe for your baby.

A negative result means that no hCG has been detected and you can assume you are not pregnant. If a week passes and your menstrual period is still delayed, you should take another BFP Pregnancy Test. If the result is still negative, there is little chance you are pregnant. However, you should follow up with your physician to determine why you are not menstruating.

If your menstrual cycle is irregular, it can be difficult to know the day you have missed your period. If your test indicated you are not pregnant and your menstrual cycle does not begin within a few days, you may have miscalculated your cycle and should take another BFP Pregnancy Test.

Limitations of Test

The test works only if the instructions are followed precisely. Although the test is highly accurate in detecting pregnancy, a low incidence of false results can occur. Check with your doctor if you get unexpected or inconsistent test results. Certain health conditions can also cause a false or irregular test result. The following factors should not affect the test results: alcohol, analgesics (pain killers), antibiotics, and birth control pills. The test should not be used after the expiration date. Do not use the test if the protective foil pouch is opened or damaged. BFP Pregnancy Tests, when performed by consumers, showed an accuracy of greater than 99% when compared to lab results. Pregnant women should not drink alcohol; if you have already used alcohol, stop; if you're thinking about getting pregnant, abstain from alcohol. Alcohol consumption during pregnancy has been known to cause birth defects.



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