

## Soups

French Onion Soup | Chicken Chili Soup →  
→ Pasta Fagioli Soup | Cream of Crab Soup  
Clam Chowder Casserole Soup  
Greek Lemon Chicken Soup  
Beef Barley Soup with Mushrooms  
Butternut Squash Soup LOW

## Salads

Goat Cheese and Spinach Salad LOW  
Apple Cranberry Walnut Salad LOW  
Autumn Chicken Salad  
Chicken Caesar Salad →  
→ Chef Salad | Bacon Ranch Cheddar Salad  
Broccoli Apple Salad  
Balsamic-Roasted Beet Salad LOW

## Main Courses

Chicken Piccata | Braised Lamb Shank  
Winter Citrus Butter Salmon → LOW  
Creamy White Chicken Chili →  
Beef Bourguignon  
Apple-Stuffed Pork Tenderloin  
Halibut with Lemon Butter  
Baked Seafood Au Gratin  
Herb-Roasted Turkey  
Corned Beef and Cabbage →

## Vegetables

Roasted Parsnips →  
Braised Red Cabbage → LOW  
Mashed Winter Squash  
Roasted Root Vegetables  
Au Gratin Potatoes LOW  
Garlic Spinach LOW  
Baked Squash  
Sautéed Mushrooms

## Starch

Butternut Squash Gratin LOW  
Mushroom Risotto  
→ Baked Beans | Buttered Noodles  
Baked Potato →  
Yukon Gold Whipped Potatoes  
Basmati Rice LOW  
Baked Sweet Potato Wedges → LOW

## Always Available

Fresh Fruit Salad LOW  
Battered French Fries  
Amish Pepper Slaw  
Cottage Cheese LOW  
and Fruit

## Desserts

Chocolate Pumpkin Cake  
Chocolate Eclairs  
Caramel Apple Cake LOW  
Ice Cream Sundae  
Pear Sorbet LOW  
Ice Cream  
Tiramisu  
Apple Walnut Cake LOW